

# Applied Learning Student Questionnaire: *Overall Analysis*

## Executive Summary

The Applied Learning Student Questionnaire (ALSQ) is designed to measure pre and post gains related to student problem solving and communication skills. The ALSQ is a self-report questionnaire that includes 36 items to assess students' attitudes on five survey constructs: *Intrinsic Motivation*, *Self-Management/Self-Regulation*, *Intent to Persist*, *Problem-Solving*, and *Implementation Activities*.<sup>1</sup> In December 2016, 1,307 students across seven Innovation Fund programs completed the Applied Learning Student Questionnaire (ALSQ).

Key findings include:

- Overall, students showed statistically significant increases in *Intrinsic Motivation*, *Self-Management/Self-Regulation*, and *Intent to Persist*.
- Across all constructs, the largest effect size observed was for *Intrinsic Motivation* ( $d=0.59$ ), which suggests that the programs were particularly effective at enhancing students' interest in learning and getting value from the material being taught.
- All of the programs showed statistically significant increases in *Intrinsic Motivation* and *Intent to Persist*.
- The “now” scores for two constructs—*Intent to Persist* and *Implementation Activities*—did not reach or exceed the optimal average of 4.0, which means programs may need additional work in improving student exposure to and interest in STEM.
- The average program rating across all programs exceeded the optimal 4.0 average with an average of 4.19, suggesting that most programs were viewed positively by students.
- Student ratings indicate that the inquiry-based learning environment may be improved by allowing students to have more control over their own work and increasing their exposure to STEM professionals and real-world problems.

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<sup>1</sup> *Intent to Persist* refers to aspirations, plans, and goals to pursue additional education and a career in STEM (Science, Technology, Engineering, and Math). *Implementation Activities* refer to hands-on activities designed to increase exposure to STEM topics and real-world application.

## Overall Results December 2016

### Participants and Methods

In December 2016, 1,307 students across seven Innovation Fund programs completed the Applied Learning Student Questionnaire (ALSQ). The response rate displayed in Table 1 suggest that 85% of the total number of participating students responded to the survey. The response rates per program ranged from 56% (Hall County/TCSG Career Pathways) to 100% (Gwinnett Gear Up and Lowndes County BLAST). Although there is no agreed-upon standard for a minimum response rate, Martella, Nelson, Morgan, and Marchand-Martella (2013)<sup>2</sup> suggest that a response rate of 50% is *adequate* for analysis and reporting, 60% is *good*, and 75% or higher is considered *very good*. Overall, the response rate achieved across the Innovation Fund programs is considered *very good* for reporting and analysis.

Table 1. Survey Response Rates

Program	# of Survey Respondents	Total # of Participating Students <sup>1</sup>	Survey Response Rate
Real STEM Georgia Southern	940	1,102	85%
Carroll County Step into STEM	37	40	93%
Gwinnett Gear Up	70	70	100%
Grady County Mechatronics	14	16	88%
Lowndes County BLAST	52	71	73%
Tift Coding Across Georgia	167	183	91%
Hall County/TCSG Career Pathways	27	48	56%
<b>Total</b>	<b>1,307</b>	<b>1,530</b>	<b>85%</b>

Note: <sup>1</sup>The number of participating students represent approximations and may not reflect recent changes to the participant population (e.g., dropouts).

The ALSQ<sup>3</sup> is designed to measure pre and post gains related to student problem solving and communication skills, self-management, and engagement. The ALSQ is a self-report questionnaire that includes 36 items to assess students' attitudes on the following survey constructs:

1. **Intrinsic Motivation:** motivation stemming from goals of mastery, learning and challenge. Example, "It is important for me to learn what is being taught in this program."
2. **Self-Management/Self-Regulation:** effortful and persistent behaviors that are used to guide, monitor, and direct the success of one's learning and performance. Example, "I turn all my assignments in on time."
3. **Intent to Persist:** aspirations, plans, and goals to pursue additional education and a career in STEM. Example, "I intend to get a college degree in STEM (Science, Technology, Engineering, and Math)."
4. **Problem-Solving:** inquiry-based learning environment that provides higher-order cognitive tasks and real-world application. Example, "I work out explanations on my own."
5. **Implementation Activities:** hands-on activities designed to increase exposure to STEM topics and real-world application. Example, "We learn what scientists/technicians/engineers/mathematicians or other STEM professionals do."

<sup>2</sup> Martella, R., Nelson, J., Morgan, R., & Marchand-Martella, N. (2013). *Understanding and Interpreting Education Research*. New York, NY: The Guilford Press.

<sup>3</sup> See Appendix A for information related to the construct reliabilities of the ALSQ.

## Results and Discussion

### • ALSQ Survey Constructs

Table 2 summarizes students' responses to the ALSQ survey constructs across all programs. In aggregate, students showed statistically significant increases in *Intrinsic Motivation*, *Self-Management/Self-Regulation*, and *Intent to Persist*. In addition to assessing statistical significance from “before” to “now,” effect sizes—a measure of the magnitude of an intervention on students' attitudes—were computed. Specifically, effect sizes were computed using Cohen's *d* and are intended to measure the practical importance of a significant finding.<sup>4</sup> Cohen (1988) classified effect sizes as small,  $d=0.2$ ; medium,  $d=0.5$ ; and large,  $d=0.8$ .<sup>5</sup> Table 2 suggests that medium effect sizes were found for *Intrinsic Motivation*, *Self-Management/Self-Regulation*, and *Intent to Persist*. Across all constructs, the largest effect size observed was for *Intrinsic Motivation* ( $d=0.59$ ). This suggests that the programs were particularly effective at enhancing students' interests to learn and derive value from the material being taught. For example, after participating in the programs, 72% of students said they prefer classwork that is challenging, compared to 51% before the programs. See Tables 5-9 for more information.

To maximize impact, we would expect students' average scores to exceed 4.0 on a 5-point Likert scale (1, *Strongly Disagree* to 5, *Strongly Agree*). In light of this benchmark, it is important to note that the “now” scores for two constructs—*Intent to Persist* and *Implementation Activities*—did not reach or exceed the optimal average of 4.0. Figure 1 suggests that additional work may be needed in the aforementioned areas.

Table 2. Summary of Results by Construct<sup>6</sup>

Overall - Constructs							
Constructs		n		Mean <sup>1</sup>	Paired Samples t-test <sup>2</sup>	Effect Size (interpretation) <sup>3</sup>	
Intrinsic Motivation	Before	1276		3.77	p<0.001**	0.59 (Medium)	
	Now	1276		4.19			
Self-Management / Self-Regulation	Before	1271		3.99	p<0.001**	0.39 (Medium)	
	Now	1271		4.17			
Intent to Persist	Before	1263		3.68	p<0.001**	0.40 (Medium)	
	Now	1263		3.93			
Problem Solving	Now	1290		4.01	n/a	n/a	
Implementation Activities	Now	1284		3.82	n/a	n/a	

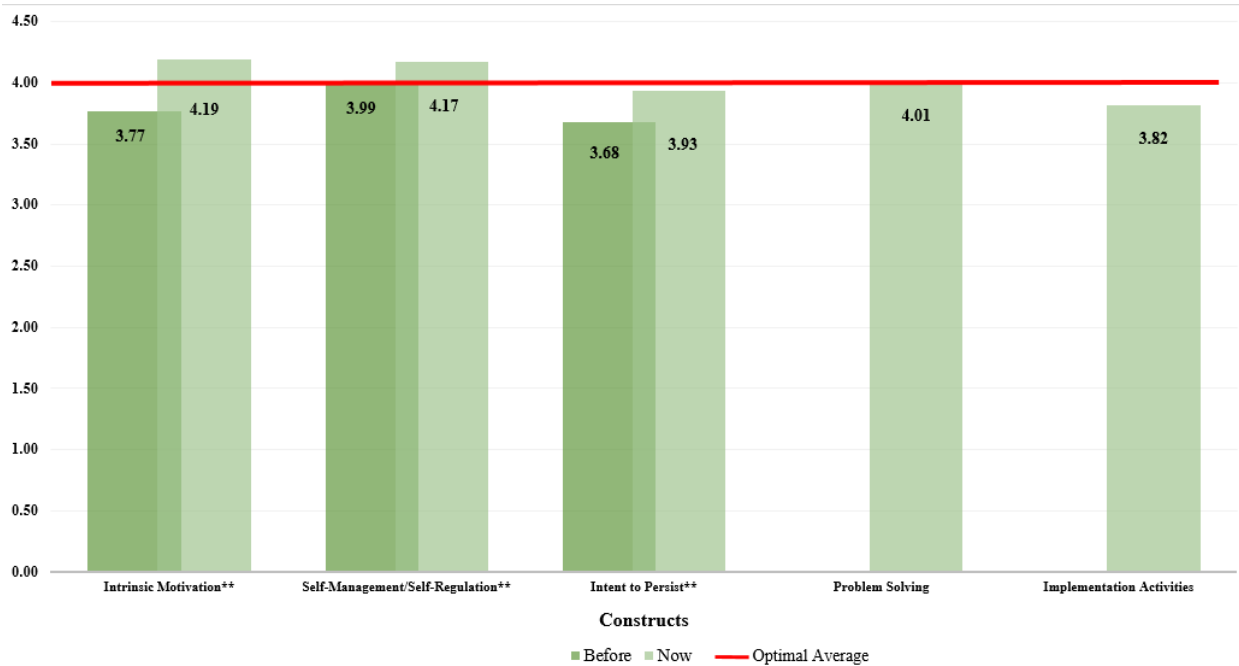
Note. <sup>1</sup>Reference lines are set at 3.5 and 4. <sup>2</sup>Please note that only students with matched Pre and Post data were assessed for significance. Desired statistically significant changes are highlighted in green. Negatively worded statements were reverse coded for mean computations. \*\*p<0.001, \*p<0.01, †p<0.05. See Tables 3-7 for more detailed information. <sup>3</sup>Effect size (Cohen's *d*): Small (<.2); Medium (.2 to .8); Large (>.8). Small effect sizes are highlighted in light red; medium effect sizes are highlighted in dark orange; large effect sizes are highlighted in dark green.

<sup>4</sup> To compute effect sizes, the formulas derived from Daniel & Kostic (2015) were utilized. Source: Daniel, T. & Kostic, B. (2015). *RStats effect size calculator*. Available online: <http://www.missouristate.edu/rstats/Tables-and-Calculators.htm>.

<sup>5</sup> Cohen, J. (1988). *Statistical Power Analysis for the Behavioral Sciences* (2<sup>nd</sup> ed). Hillsdale, NJ: Lawrence Earlbaum Associates.

<sup>6</sup> As indicated by the n size, all students did not answer all questions in the constructs and demographics sections.

Figure 1. Constructs



Note. A paired samples t-test was used to compute the p-value. \*\* $p < 0.001$ , \* $p < 0.01$ , † $p < 0.05$ .

- ### ALSQ Survey Constructs by Program

After disaggregating the data by program, all of the programs showed statistically significant increases in *Intrinsic Motivation* and *Intent to Persist*. All but one program showed statistically significant increases in *Self-Management/Self-Regulation*. Examining effect sizes, all of the programs exhibit either medium or large effect sizes across all constructs. These data suggest that the individual programs were *effective* at enhancing students' motivations to succeed, their ability to direct their own learning, and their intent to persist in STEM education and careers. While the effect sizes were large ( $d > .8$ ) across most constructs for the Grady County Mechatronics and Lowndes County BLAST program, caution should be employed when interpreting the results given the small sample sizes ( $n=14$  and  $n=52$ , respectively).<sup>7</sup>

<sup>7</sup> According to deWinter (2013), the t-test can be applied to a small sample size, as long as the effect size is expected to be large. Source: deWinter, J.C.F. (2013). Using the Student's t-test with extremely small sample sizes. *Practice Assessment, Research and Evaluation*, 18(10). Available online: <http://pareonline.net/getvn.asp?v=18&n=10>.

Table 3. Summary of Results by Constructs per Program

Overall - Constructs per Program													
Constructs		Real STEM Georgia Southern (n=940)			Carroll County Step into STEM (n=37)			Gwinnett Gear Up (n=70)			Grady County Mechatronics (n=14)		
		Mean	t-test	Effect Size	Mean	t-test	Effect Size	Mean	t-test	Effect Size	Mean	t-test	Effect Size
Intrinsic Motivation	Before	3.87	p<0.001**	0.56 (M)	3.29	p<0.001**	0.80 (M)	3.58	p<0.001**	0.72 (M)	3.87	p=0.009*	0.92 (L)
	Now	4.27			4.15			4.02			4.44		
Self-Management / Self-Regulation	Before	4.06	p<0.001**	0.36 (M)	3.44	p<0.001**	0.68 (M)	3.55	p<0.001**	0.67 (M)	3.77	p=0.072	0.55 (M)
	Now	4.21			3.89			4.02			3.88		
Intent to Persist	Before	3.78	p<0.001**	0.37 (M)	3.40	p<0.001**	0.78 (M)	3.40	p<0.001**	0.52 (M)	4.03	p=0.012†	0.87 (L)
	Now	4.02			4.09			3.79			4.43		
Problem Solving Implementation	Now	4.08	n/a	n/a	3.80	n/a	n/a	3.84	n/a	n/a	4.12	n/a	n/a
	Now	3.85			3.75			3.93			4.11		

Note. Reference lines are set at 3.5 and 4. Please note that only students with matched Pre and Post data were assessed for significance. Desired statistically significant changes are highlighted in green. Negatively worded statements were reverse coded for mean computations. \*\*p<0.001, \*p<0.01, †p<0.05. See Tables 3-7 for more detailed information. Effect size (Cohen's d): Small (<.2); Medium (.2 to .8); Large (>.8). Small effect sizes are highlighted in light red; medium effect sizes are highlighted in dark orange; large effect sizes are highlighted in dark green.

Overall - Constructs per Program											
Constructs		Tift Coding Across Georgia (n=167)			Lowndes County BLAST (n=52)			TCSG/Hall County Career Pathways (n=27)			
		Mean	t-test	Effect Size	Mean	t-test	Effect Size	Mean	t-test	Effect Size	
Intrinsic Motivation	Before	3.41	p<0.001**	0.57 (M)	3.72	p<0.001**	1.05 (L)	3.56	p=0.002*	0.67 (M)	
	Now	3.77			4.29			4.03			
Self-Management / Self-Regulation	Before	3.90	p<0.001**	0.29 (M)	4.09	p<0.001**	0.87 (L)	3.72	p=0.030†	0.45 (M)	
	Now	4.01			4.36			4.01			
Intent to Persist	Before	3.30	p<0.001**	0.30 (M)	3.83	p<0.001**	0.78 (M)	3.21	p=0.011†	0.54 (M)	
	Now	3.44			4.17			3.58			
Problem Solving Implementation	Now	3.75	n/a	n/a	4.13	n/a	n/a	3.80	n/a	n/a	
	Now	3.55			3.96			3.66			

Note. Reference lines are set at 3.5 and 4. Please note that only students with matched Pre and Post data were assessed for significance. Desired statistically significant changes are highlighted in green. Negatively worded statements were reverse coded for mean computations. \*\*p<0.001, \*p<0.01, †p<0.05. See Tables 3-7 for more detailed information. Effect size (Cohen's d): Small (<.2); Medium (.2 to .8); Large (>.8). Small effect sizes are highlighted in light red; medium effect sizes are highlighted in dark orange; large effect sizes are highlighted in dark green.

In order for programs to maximize their effectiveness, we would expect “now” scores to reach or exceed the optimal average of 4.0 on a 5-point Likert scale (1, *Strongly Disagree* to 5, *Strongly Agree*). Figures 2-6 display “now” scores for each program and construct. For example, Figure 2 indicates that all but one program met or exceeded the optimal average for *Intrinsic Motivation*. In general, programs not reaching or exceeding the red horizontal line may need additional attention. For instance, two out of seven programs did not reach the optimal average for *Self-Management/Self-Regulation* (Figure 3) and three programs did not reach the optimal average for *Intent to Persist* (Figure 4). Additionally, more than half of programs did not reach the optimal average for *Problem Solving* and *Implementation Activities* (Figures 5 and 6).

Figure 2. Intrinsic Motivation (“Now” Scores)

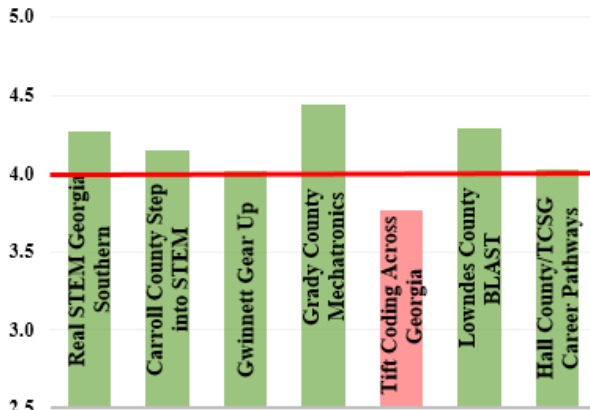


Figure 4. Intent to Persist (“Now” Scores)

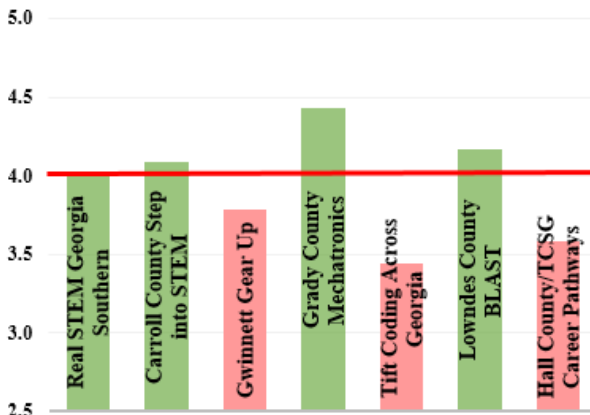


Figure 6. Implementation Activities (“Now” Scores)

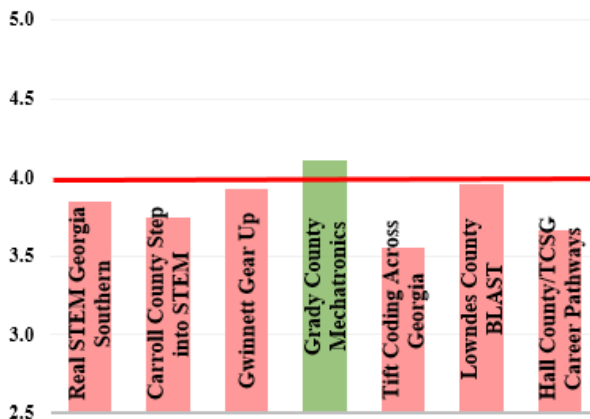


Figure 3. Self-Management/Self-Regulation (“Now” Scores)

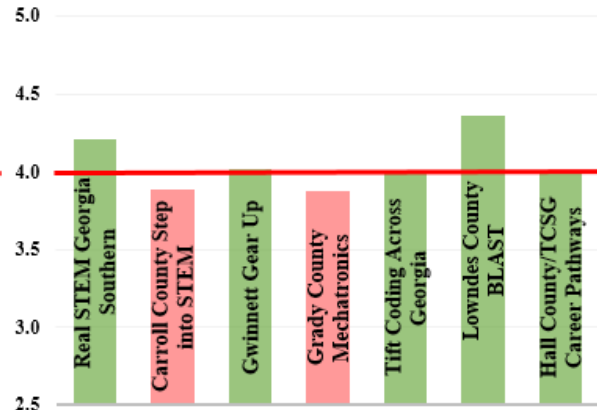


Figure 5. Problem Solving (“Now” Scores)

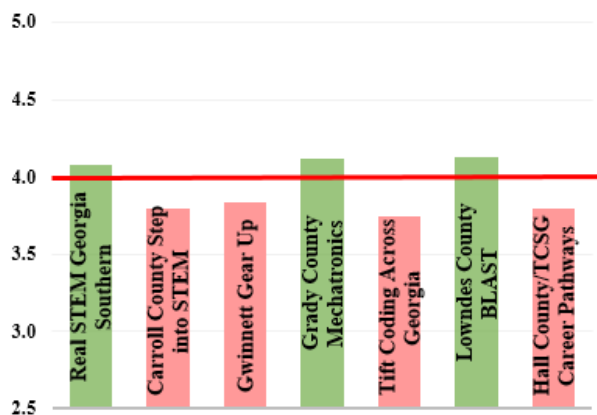
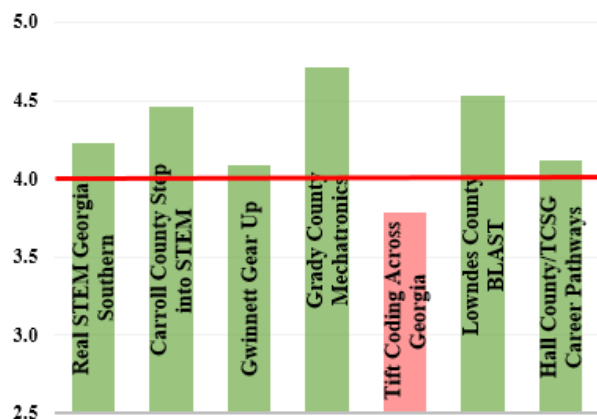


Figure 7. Overall Program Ratings



- Program Rating**

Collapsing across all programs, students’ ratings of their programs exceeded the optimal average of 4.0. On a 5-point Likert scale where 1 signifies *Very Poor* and 5 signifies *Excellent*, the average score was 4.19. See Table 4. Looking at Figure 7, all programs with the exception of Tift County Coding Across Georgia were rated above the optimal average. These high ratings suggest that most programs were viewed positively by students.



• **Areas for Further Improvement**

The “now” means for *Intrinsic Motivation* and *Self-Management/Self-Regulation* all exceeded the optimal average of 4.0 on a 5-point Likert scale. The majority of items in each construct also showed statistically significant increases and had “now” scores above the optimal average. Of the sub-items under *Intrinsic Motivation* and *Self-Management/Self-Regulation*, only two items had “now” scores below the optimal average:

- Preferring challenging class work to learn new things, and
- Setting aside time to do homework and study.

The “now” means for *Intent to Persist* and *Implementation Activities* fell below the optimal average. Almost all of the sub-items under *Intent to Persist* and *Implementation Activities* had “now” scores below the optimal average. The sub-item with the lowest average rating referred to interactions with STEM professionals through the program.

Additionally, five of the item responses within the *Problem Solving* construct received average ratings below the optimal average. Specifically, the following areas received average ratings below the optimal average:

- Letting students choose their own topics or projects to investigate,
- Letting students work out explanations on their own,
- Providing students opportunities to explain their ideas,
- Letting students plan and do their own projects and/or experiments, and
- Working on real-world problems.


















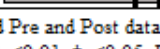
The students’ ratings suggest that the inquiry-based learning environment may be improved by allowing students to have more agency over their own work and increasing student exposure to STEM professionals and real-world problems. Incorporating the above strategies may enhance students’ intentions to persist in STEM education and careers.

Table 4. Program Rating

Program Rating:	n	Mean	Assessment	(1) Very Poor	(2) Poor	(3) Average	(4) Good	(5) Excellent
All Students	1267	4.19	Good	2%	2%	14%	36%	45%

Note. <sup>1</sup>Reference lines are set at 3.5 and 4.0. Assessment: Good = Above 4.0; Attention = Below 4.0; Action = Below 3.5. Highest percentages are highlighted in gray.

Table 5. Intrinsic Motivation

Intrinsic Motivation		n	Mean <sup>1</sup>		Paired Samples t-test <sup>2</sup>	1 (Strongly Disagree)	2 (Disagree)	3 (Neutral)	4 (Agree)	5 (Strongly Agree)
1) I prefer class work that is challenging so I can learn new things.	Before	1273	3.48		p<0.001**	6%	10%	33%	32%	19%
	Now	1273	3.93			4%	4%	20%	39%	33%
2) It is important to me to learn what is taught in this program.	Before	1271	3.97		p<0.001**	3%	4%	21%	36%	36%
	Now	1271	4.36			2%	2%	10%	30%	56%
3) I like what I am learning in this program.	Before	1269	3.71		p<0.001**	5%	8%	28%	32%	28%
	Now	1269	4.16			4%	4%	14%	31%	48%
4) I think I will be able to use what I learn in this program in other classes.	Before	1265	3.65		p<0.001**	5%	9%	28%	33%	25%
	Now	1265	4.12			3%	5%	14%	34%	44%
5) Even when I do poorly on a test, I try to learn from my mistakes.	Before	1264	4.04		p<0.001**	3%	5%	16%	37%	39%
	Now	1264	4.35			2%	2%	9%	32%	55%
6) I think that what I am learning in this program is useful for me to know.	Before	1261	3.80		p<0.001**	4%	6%	25%	37%	29%
	Now	1261	4.22			2%	4%	13%	33%	49%
7) I think that what we are learning in this program is interesting.	Before	1256	3.71		p<0.001**	5%	8%	27%	33%	28%
	Now	1256	4.16			3%	4%	15%	30%	48%
8) Understanding STEM (Science, Technology, Engineering, and Math) is important to me.	Before	1263	3.78		p<0.001**	4%	6%	27%	31%	31%
	Now	1263	4.23			2%	3%	13%	33%	49%
9) I enjoy STEM (Science, Technology, Engineering, and Math) in general.	Before	1268	3.79		p<0.001**	5%	7%	26%	28%	34%
	Now	1268	4.16			4%	4%	13%	28%	50%

Note. <sup>1</sup>Reference lines are set at 3.5 and 4. <sup>2</sup>Please note that only students with matched Pre and Post data were assessed for significance. Desired statistically significant changes are highlighted in green and undesired statistically significant changes are highlighted in red. \*\*p<0.001, \*p<0.01, †p<0.05. Highest percentages are highlighted in gray.



Table 6. Self-Management / Self-Regulation

Self-Management/Self-Regulation		n	Mean <sup>1</sup>	Paired Samples t-test <sup>2</sup>		1	2	3	4	5
						(Strongly Disagree)	(Disagree)	(Neutral)	(Agree)	(Strongly Agree)
10) I turn all my assignments in on time.	Before	1261	3.84	p<0.001**		3%	8%	25%	32%	33%
	Now	1261	4.03			2%	5%	20%	32%	40%
11) I miss class often. (negatively worded)	Before	1253	1.57	p=0.382		68%	17%	9%	4%	3%
	Now	1253	1.56			72%	14%	6%	5%	4%
12) I am often late for class. (negatively worded)	Before	1247	1.46	p=0.668		73%	15%	7%	3%	2%
	Now	1247	1.47			74%	13%	6%	3%	3%
13) I set aside time to do my homework and study.	Before	1265	3.48	p<0.001**		7%	12%	28%	32%	21%
	Now	1265	3.80			6%	6%	22%	34%	32%
14) When I say I'm going to do something, I do it.	Before	1256	3.75	p<0.001**		3%	6%	28%	36%	26%
	Now	1256	4.00			2%	3%	22%	36%	37%
15) I am a hard worker.	Before	1259	4.08	p<0.001**		2%	4%	19%	35%	40%
	Now	1259	4.32			2%	2%	13%	31%	53%
16) I finish whatever I begin.	Before	1256	3.84	p<0.001**		3%	6%	26%	34%	31%
	Now	1256	4.09			2%	4%	19%	33%	42%

Note. <sup>1</sup>Reference lines are set at 3.5 and 4. <sup>2</sup>Please note that only students with matched Pre and Post data were assessed for significance. Desired statistically significant changes are highlighted in green. \*\*p<0.001, \*p<0.01, †p<0.05. Highest percentages are highlighted in gray. Statements 11 and 12 are negatively worded; significance is measured in the reverse direction as the other statements.

Table 7. Intent to Persist

Intent to Persist		n	Mean <sup>1</sup>	Paired Samples t-test <sup>2</sup>	1 (Strongly Disagree)	2 (Disagree)	3 (Neutral)	4 (Agree)	5 (Strongly Agree)
17) I am considering a career in STEM (Science, Technology, Engineering, and Math).	Before	1258	3.38	p<0.001**	12%	13%	28%	21%	27%
	Now	1258	3.74		9%	8%	21%	24%	38%
18) I intend to get a college degree in STEM (Science, Technology, Engineering, and Math).	Before	1258	3.47	p<0.001**	9%	11%	29%	22%	28%
	Now	1258	3.75		8%	7%	23%	25%	37%
19) I can see myself working in STEM (Science, Technology, Engineering, and Math).	Before	1254	3.41	p<0.001**	10%	14%	27%	25%	25%
	Now	1254	3.71		9%	9%	21%	25%	36%
20) Someday, I would like to have a career in STEM (Science, Technology, Engineering, and Math).	Before	1253	3.40	p<0.001**	10%	12%	31%	22%	25%
	Now	1253	3.67		9%	9%	24%	23%	35%
21) I intend to graduate from high school.	Before	1250	4.76	p<0.001**	1%	1%	4%	7%	86%
	Now	1250	4.81		2%	1%	3%	5%	90%

Note. <sup>1</sup>Reference lines are set at 3.5 and 4. <sup>2</sup>Please note that only students with matched Pre and Post data were assessed for significance. Desired statistically significant changes are highlighted in green. \*\*p<0.001, \*p<0.01, †p<0.05. Highest percentages are highlighted in gray.

Table 8. Problem Solving, Now Only

Problem Solving	n	Mean <sup>1</sup>	Assessment	1 (Strongly Disagree)	2 (Disagree)	3 (Neutral)	4 (Agree)	5 (Strongly Agree)	
22) In this program, my teacher(s) tells me how to improve my work.	1287		4.18	Good	3%	4%	14%	31%	49%
23) In this program, my teacher(s) lets us choose our own topics or projects to investigate.	1265		3.53	Attention	8%	11%	27%	28%	26%
24) In this program, I work out explanations on my own.	1287		3.80	Attention	2%	4%	28%	43%	23%
25) In this program, I have opportunities to explain my ideas.	1282		3.94	Attention	3%	6%	19%	40%	33%
26) In this program, we plan and do our own projects and/or experiments.	1288		3.91	Attention	4%	6%	20%	38%	33%
27) In this program, we work on real-world problems.	1288		3.97	Attention	4%	5%	19%	35%	38%
28) In this program, we have class discussions.	1287		4.15	Good	3%	4%	15%	34%	45%
29) In this program, we investigate to see if our ideas are right.	1287		4.06	Good	2%	4%	18%	37%	38%
30) In this program, we need to be able to think and ask questions.	1286		4.34	Good	2%	1%	12%	33%	53%
31) In this program, we are expected to understand and explain ideas.	1288		4.26	Good	2%	2%	12%	35%	49%

Note. <sup>1</sup>Reference lines are set at 3.5 and 4.0. Assessment: Good = Above 4.0; Attention = Below 4.0; Action = Below 3.5. Highest percentages are highlighted in gray.

Table 9. Implementation Activities, Now Only

Implementation Activities	n	Mean <sup>1</sup>	Assessment	1 (Strongly Disagree)	2 (Disagree)	3 (Neutral)	4 (Agree)	5 (Strongly Agree)	
32) In this program, my teacher(s) takes notice of students' ideas.	1279		3.95	Attention	4%	5%	20%	36%	36%
33) In this program, my teacher(s) shows us how new information relates to what we have already learned.	1261		4.12	Good	3%	3%	15%	36%	42%
34) In this program, we learn what scientists/ technicians / engineers / mathematicians or other STEM professionals do.	1280		3.75	Attention	5%	7%	25%	34%	29%
35) In this program, we do our work in groups.	1279		3.93	Attention	3%	6%	23%	33%	36%
36) In this program, we interact with scientists / technicians / engineers / mathematicians or other STEM professionals.	1280		3.33	Action	11%	14%	28%	25%	22%

Note. <sup>1</sup>Reference lines are set at 3.5 and 4.0. Assessment: Good = Above 4.0; Attention = Below 4.0; Action = Below 3.5. Highest percentages are highlighted in gray.

Table 8. Educational Plans

What is the highest level of education you plan to achieve?	Before		Now		Change <sup>1</sup>	
	n	%	n	%		
High School	158	13%	90	7%	-68	-6%
2-year college	108	9%	64	5%	-44	-4%
4-year college	374	31%	247	20%	-127	-11%
Graduate School	328	27%	380	32%	52	4%
Professional School	238	20%	424	35%	186	15%
<b>Total</b>	<b>1206</b>	<b>100%</b>	<b>1205</b>	<b>100%</b>		
<b>Average<sup>2</sup></b>		<b>3.12</b>		<b>3.47</b>	<b>p&lt;0.001** (significant)<sup>3</sup></b>	

<sup>1</sup> Change from Before to Now. Increases are highlighted in green; decreases are highlighted in red. <sup>2</sup>To compute averages, the following codes were applied: High School (1), 2-year college (2), 4-year college (3), Graduate School (4), Professional School (4). <sup>3</sup>Paired samples t-test, p-value: \*\*p<0.001, \*p<0.01, †p<0.05.

Table 9. Demographics

<b>Gender</b>	<b>n</b>	<b>%</b>
Female	621	49%
Male	651	51%
<b>Total</b>	<b>1272</b>	<b>100%</b>

<b>Ethnicity</b>	<b>n</b>	<b>%</b>	<b>Grade</b>	<b>n</b>	<b>%</b>
Asian	35	3%	6th	249	20%
Black	296	23%	7th	361	28%
Hispanic	128	10%	8th	359	28%
Native American	14	1%	9th	80	6%
White	671	53%	10th	147	12%
Multiracial	106	8%	11th	22	2%
Other	28	2%	12th	49	4%
<b>Total</b>	<b>1278</b>	<b>100%</b>	Other	7	1%
			<b>Total</b>	<b>1274</b>	<b>100%</b>

Table 10. Participation

<b>How long have you participated in this program?</b>	<b>n</b>	<b>%</b>
0 Semesters	49	4%
1 semester	794	63%
2 semesters	161	13%
3 semesters	87	7%
4 or more semesters	96	8%
Don't Know	81	6%
<b>Total</b>	<b>1270</b>	<b>100%</b>

<b>Did you participate in this program during the summer?</b>	<b>n</b>	<b>%</b>
<b>Summer Participation</b> Yes	84	7%
No	1100	87%
Don't Know	80	6%
<b>Total</b>	<b>1264</b>	<b>100%</b>

Note: Some students indicated they participated in the program for the summer only, but because the n-size was less than ten, these students were excluded from the participation duration table.

## Appendix A. Construct Reliabilities

Table A1. Construct Reliabilities (Omnibus, December 2016)

Constructs		Cronbach's alpha	Reliability Interpretation
<b>Intrinsic Motivation (9 items)</b>	Before	0.890	<i>Very good</i>
	Now	0.915	<i>Excellent</i>
<b>Self-Management/Self-Regulation (7 items)</b>	Before	0.754	<i>Good</i>
	Now	0.759	<i>Good</i>
<b>Intent to Persist (5 items)</b>	Before	0.876	<i>Very good</i>
	Now	0.892	<i>Very good</i>
<b>Problem Solving (10 items)</b>	Now	0.896	<i>Very good</i>
<b>Implementation Activities (5 items)</b>	Now	0.812	<i>Very good</i>

**Cronbach's Alpha Reliability Key:** Cronbach's alpha is a measure of the internal consistency of items in a construct. This statistic ranges from 0 to 1; the higher the value the better. An alpha of 0.80 or higher is considered to have achieved very good measurement reliability; an alpha of 0.65 is considered acceptable (Field, 2009).

Reliability	Interpretation
0.90 and above	Excellent reliability; at the level of the best measures
0.80 – 0.90	Very good
0.70 – 0.80	Good; in the range of most. There are probably a few items which could be improved.
0.60 – 0.70	Somewhat low. This measure needs to be supplemented by other measure (e.g., more surveys) to determine outcomes. There are probably some items which could be improved.
0.50 – 0.60	Suggests need for revision of measure, unless it is quite short (ten or fewer items). The test definitely needs to be supplemented by other measure (e.g., more tests).
0.50 or below	Questionable reliability. This measure should not contribute heavily to the outcomes and needs revision.

From: J. C. Nunnally, *Psychometric Theory*. New York: McGraw-Hill, 1967, pp. 172-235.

### Reference:

Field, A. (2009). *Discovering Statistics Using SPSS, 3<sup>rd</sup> Edition*. Thousand Oaks, CA: Sage Publications.